



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Krahn, Daniel

Club: SC Buntenbock
Number: 607

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 43:44

Speed: 12.35 km/h
Running performance: 4:34 min/km

Rank in course/Total: 12 (of 147)

Rank in course/Men: 11 (of 90)

Best time in course: 37:03

Rank in category: 1(of 9)

Best time in the category: 43:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	21:55	5:20	1	-	11	3:10	4.10	21:55	5:20	1	-	11	3:10
Loddenke	2.20	8:47	3:59	1	-	14	4:12	6.30	30:42	4:52	1	-	13	26:07
Ilseburg/Markt	3.30	13:02	3:56	1	-	11	1:49	9.60	43:44	4:33	1	-	11	6:41