



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Knappick, Niklas**

Club: Veckenstedt  
Number: 602

Course: 9.60 km  
9,6 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 44:11

Speed: 13.04 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 13 (of 147)

Rank in course/Men: 12 (of 90)

Best time in course: 37:03

Rank in category: 2(of 14)

Best time in the category: 40:23

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	22:50	5:34	4	2:34	17	4:05	4.10	22:50	5:34	4	2:34	17	4:05	
Loddenke	2.20	8:25	3:49	2	0:42	9	3:50	6.30	31:15	4:57	2	3:16	15	26:40	
Ilseburg/Markt	3.30	12:56	3:55	3	0:32	9	1:43	9.60	44:11	4:36	2	3:48	12	7:08	