



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Kurt-Spamer, Kevin

Club: Ride4Life
Number: 614

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 48:18

Speed: 11.18 km/h
Running performance: 5:02 min/km

Rank in course/Total: 32 (of 147)

Rank in course/Men: 29 (of 90)

Best time in course: 37:03

Rank in category: 4(of 10)

Best time in the category: 41:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	25:16	6:09	4	5:28	40	6:31	4.10	25:16	6:09	4	5:28	40	6:31
Loddenke	2.20	9:07	4:08	2	1:07	18	4:32	6.30	34:23	5:27	4	6:35	35	29:48
Ilseburg/Markt	3.30	13:55	4:13	3	0:17	21	2:42	9.60	48:18	5:01	4	6:52	29	11:15