



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Altenburg, Felix

Club: Männerhort
Number: 553

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 49:14

Speed: 10.97 km/h
Running performance: 5:08 min/km

Rank in course/Total: 40 (of 147)

Rank in course/Men: 35 (of 90)

Best time in course: 37:03

Rank in category: 7(of 14)

Best time in the category: 40:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	24:32	5:59	8	4:16	35	5:47	4.10	24:32	5:59	8	4:16	35	5:47
Loddenke	2.20	10:12	4:38	8	2:29	41	5:37	6.30	34:44	5:30	7	6:45	39	30:09
Ilseburg/Markt	3.30	14:30	4:23	7	2:06	31	3:17	9.60	49:14	5:07	7	8:51	35	12:11