



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Dähnn, Klaas

Club: MTK Bad Harzburg
Number: 565

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 51:21

Speed: 10.52 km/h
Running performance: 5:21 min/km

Rank in course/Total: 49 (of 147)

Rank in course/Men: 40 (of 90)

Best time in course: 37:03

Rank in category: 9(of 14)

Best time in the category: 40:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:50	5:48	6	3:34	26	5:05	4.10	23:50	5:48	6	3:34	26	5:05
Loddenke	2.20	9:53	4:29	6	2:10	35	5:18	6.30	33:43	5:21	6	5:44	29	29:08
Ilseburg/Markt	3.30	17:38	5:20	10	5:14	68	6:25	9.60	51:21	5:20	9	10:58	40	14:18