



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Stiller, Valentin

Club: Salzgitter
Number: 672

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 51:22

Speed: 11.21 km/h
Running performance: 5:21 min/km

Rank in course/Total: 51 (of 147)

Rank in course/Men: 42 (of 90)

Best time in course: 37:03

Rank in category: 5(of 10)

Best time in the category: 41:26

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 25:41 | 6:15 | 5 | 5:53 | 43 | 6:56 | 4.10 | 25:41 | 6:15 | 5 | 5:53 | 43 | 6:56 |
| Loddenke | 2.20 | 10:16 | 4:40 | 4 | 2:16 | 43 | 5:41 | 6.30 | 35:57 | 5:42 | 5 | 8:09 | 45 | 31:22 |
| Ilseburg/Markt | 3.30 | 15:25 | 4:40 | 5 | 1:47 | 43 | 4:12 | 9.60 | 51:22 | 5:21 | 5 | 9:56 | 42 | 14:19 |