



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Köllner, Rüdiger

Club: NSV Wernigerode  
Number: 604

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 52:14

Speed: 10.34 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 58 (of 147)

Rank in course/Men: 48 (of 90)

Best time in course: 37:03

Rank in category: 4(of 7)

Best time in the category: 44:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:59	6:34	4	4:23	54	8:14	4.10	26:59	6:34	4	4:23	54	8:14
Loddenke	2.20	10:00	4:32	2	1:25	39	5:25	6.30	36:59	5:52	4	5:48	50	32:24
Ilseburg/Markt	3.30	15:15	4:37	4	1:33	41	4:02	9.60	52:14	5:26	4	7:21	48	15:11