



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Lübbecke, Phillip

Club: Ilseburg
Number: 718

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 53:27

Speed: 10.10 km/h
Running performance: 5:34 min/km

Rank in course/Total: 64 (of 147)

Rank in course/Men: 53 (of 90)

Best time in course: 37:03

Rank in category: 11(of 14)

Best time in the category: 40:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:47	6:31	11	6:31	52	8:02	4.10	26:47	6:31	11	6:31	52	8:02
Loddenke	2.20	10:38	4:49	9	2:55	51	6:03	6.30	37:25	5:56	9	9:26	52	32:50
Ilseburg/Markt	3.30	16:02	4:51	8	3:38	54	4:49	9.60	53:27	5:34	11	13:04	53	16:24