



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Lautenschläger, Friedrich

Club: 1. SC Anhalt
Number: 619

Course: 9.60 km
9,6 km - Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 53:43

Speed: 10.05 km/h
Running performance: 5:36 min/km

Rank in course/Total: 65 (of 147)

Rank in course/Men: 55 (of 90)

Best time in course: 37:03

Rank in category: 5(of 5)

Best time in the category: 37:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:35	6:29	5	7:50	51	7:50	4.10	26:35	6:29	5	7:50	51	7:50
Loddenke	2.20	11:00	5:00	5	3:55	60	6:25	6.30	37:35	5:57	5	11:45	54	33:00
Ilseburg/Markt	3.30	16:08	4:53	4	4:55	55	4:55	9.60	53:43	5:35	5	16:40	55	16:40