



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Vetterlein, Sandra

Club: Bad Harzburg
Number: 676

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 54:41

Speed: 10.53 km/h
Running performance: 5:42 min/km

Rank in course/Total: 68 (of 147)
Rank in course/Women: 12 (of 57)
Best time in course: 41:37

Rank in category: 1(of 6)
Best time in the category: 54:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:20	6:54	1	-	13	7:54	4.10	28:20	6:54	1	-	13	7:54
Loddenke	2.20	10:54	4:57	1	-	12	2:44	6.30	39:14	6:13	1	-	13	10:38
Ilseburg/Markt	3.30	15:27	4:40	1	-	11	2:26	9.60	54:41	5:41	1	-	12	13:04