



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Landwehr, Stefan

Club: Erfurt
Number: 617

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 55:18

Speed: 9.76 km/h
Running performance: 5:46 min/km

Rank in course/Total: 72 (of 147)

Rank in course/Men: 60 (of 90)

Best time in course: 37:03

Rank in category: 7(of 9)

Best time in the category: 43:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:43	7:00	7	7:35	64	9:58	4.10	28:43	7:00	7	7:35	64	9:58
Loddenke	2.20	10:43	4:52	8	6:08	57	6:08	6.30	39:26	6:15	8	34:51	60	34:51
Ilseburg/Markt	3.30	15:52	4:48	6	2:21	50	4:39	9.60	55:18	5:45	7	12:09	60	18:15