



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Laube, Christin

Club: hzmakler & friends
Number: 618

Course: 9.60 km
9,6 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 56:28

Speed: 9.56 km/h
Running performance: 5:53 min/km

Rank in course/Total: 77 (of 147)

Rank in course/Women: 14 (of 57)

Best time in course: 41:37

Rank in category: 2(of 4)

Best time in the category: 54:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:32	7:26	3	3:31	28	10:06	4.10	30:32	7:26	3	3:31	28	10:06
Loddenke	2.20	10:15	4:39	1	-	10	2:05	6.30	40:47	6:28	3	2:52	23	12:11
Ilseburg/Markt	3.30	15:41	4:45	1	-	12	2:40	9.60	56:28	5:52	2	2:00	14	14:51