



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Schinabeck, Christiane

Club: Blomstermåla, Schweden  
Number: 661

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 56:46  
Speed: 9.51 km/h  
Running performance: 5:55 min/km  
Rank in course/Total: 79 (of 147)  
Rank in course/Women: 15 (of 57)  
Best time in course: 41:37  
Rank in category: 4(of 9)  
Best time in the category: 46:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:45	7:00	6	6:03	17	8:19	4.10	28:45	7:00	6	6:03	17	8:19
Loddenke	2.20	11:08	5:03	4	2:12	17	2:58	6.30	39:53	6:19	5	8:15	17	11:17
Ilseburg/Markt	3.30	16:53	5:06	4	2:31	18	3:52	9.60	56:46	5:54	4	10:46	15	15:09