



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Gura, Karolin

Club: Berlin  
Number: 581

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 57:04

Speed: 9.46 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 81 (of 147)  
Rank in course/Women: 17 (of 57)  
Best time in course: 41:37

Rank in category: 2(of 6)  
Best time in the category: 54:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:46	7:00	2	0:26	18	8:20	4.10	28:46	7:00	2	0:26	18	8:20
Loddenke	2.20	10:57	4:58	2	0:03	14	2:47	6.30	39:43	6:18	2	0:29	14	11:07
Ilseburg/Markt	3.30	17:21	5:15	2	1:54	22	4:20	9.60	57:04	5:56	2	2:23	17	15:27