



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Winter, Dana

Club: Nordhausen  
Number: 685

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 57:04

Speed: 9.46 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 82 (of 147)

Rank in course/Women: 17 (of 57)

Best time in course: 41:37

Rank in category: 3(of 8)

Best time in the category: 41:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:50	7:01	3	8:24	20	8:24	4.10	28:50	7:01	3	8:24	20	8:24
Loddenke	2.20	11:29	5:13	4	3:19	21	3:19	6.30	40:19	6:23	3	11:43	19	11:43
Ilseburg/Markt	3.30	16:45	5:04	5	3:44	17	3:44	9.60	57:04	5:56	3	15:27	17	15:27