



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Kremling, Thomas

Club: Veckenstedt
Number: 608

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 57:54

Speed: 9.33 km/h
Running performance: 6:02 min/km

Rank in course/Total: 86 (of 147)

Rank in course/Men: 66 (of 90)

Best time in course: 37:03

Rank in category: 8(of 9)

Best time in the category: 43:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	29:15	7:08	8	8:07	66	10:30	4.10	29:15	7:08	8	8:07	66	10:30	
Loddenke	2.20	11:23	5:10	9	6:48	65	6:48	6.30	40:38	6:26	9	36:03	66	36:03	
Ilseburg/Markt	3.30	17:16	5:13	8	3:45	65	6:03	9.60	57:54	6:01	8	14:45	66	20:51	