



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Knippschild, Antje

Club: Ilseburg  
Number: 603

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:00:33

Speed: 8.92 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 101 (of 147)

Rank in course/Women: 29 (of 57)

Best time in course: 41:37

Rank in category: 5(of 7)

Best time in the category: 48:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:47	7:15	5	5:40	24	9:21	4.10	29:47	7:15	5	5:40	24	9:21
Loddenke	2.20	12:46	5:48	6	3:12	37	4:36	6.30	42:33	6:45	5	8:51	28	13:57
Ilseburg/Markt	3.30	18:00	5:27	6	3:25	31	4:59	9.60	1:00:33	6:18	5	12:05	29	18:56