



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Strohmeier, Ina

Club: Laufftreff Feierabend Einbeck
Number: 673

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:00:47

Speed: 8.88 km/h
Running performance: 6:20 min/km

Rank in course/Total: 104 (of 147)

Rank in course/Women: 30 (of 57)

Best time in course: 41:37

Rank in category: 4(of 10)

Best time in the category: 46:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:49	7:30	4	7:42	30	10:23	4.10	30:49	7:30	4	7:42	30	10:23
Loddenke	2.20	13:03	5:55	6	3:57	40	4:53	6.30	43:52	6:57	4	11:39	32	15:16
Ilseburg/Markt	3.30	16:55	5:07	2	2:30	19	3:54	9.60	1:00:47	6:19	4	14:09	30	19:10