



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Wadehn, Martina

Club: Darlingerode  
Number: 677

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:01:37

Speed: 8.76 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 107 (of 147)

Rank in course/Women: 31 (of 57)

Best time in course: 41:37

Rank in category: 6(of 7)

Best time in the category: 48:28

Intermediate times

Stage score

Total ranking

| Control        | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Ilsestein      | 4.10        | 31:39         | 7:43            | 7           | 7:32           | 35           | 11:13           | 4.10          | 31:39         | 7:43            | 7           | 7:32           | 35           | 11:13           |
| Loddenke       | 2.20        | 12:10         | 5:31            | 5           | 2:36           | 30           | 4:00            | 6.30          | 43:49         | 6:57            | 6           | 10:07          | 31           | 15:13           |
| Ilseburg/Markt | 3.30        | 17:48         | 5:23            | 5           | 3:13           | 28           | 4:47            | 9.60          | 1:01:37       | 6:25            | 6           | 13:09          | 31           | 20:00           |