



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Schaper, Inga

Club: Dänischenhagen
Number: 659

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:02:25

Speed: 9.23 km/h
Running performance: 6:30 min/km

Rank in course/Total: 111 (of 147)

Rank in course/Women: 34 (of 57)

Best time in course: 41:37

Rank in category: 7(of 8)

Best time in the category: 41:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:31	7:41	7	11:05	34	11:05	4.10	31:31	7:41	7	11:05	34	11:05
Loddenke	2.20	12:45	5:47	7	4:35	36	4:35	6.30	44:16	7:01	7	15:40	36	15:40
Ilseburg/Markt	3.30	18:09	5:30	8	5:08	34	5:08	9.60	1:02:25	6:30	7	20:48	34	20:48