



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Lipps, Katja

Club: Die Eggesprinter
Number: 252

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:02:57

Speed: 8.58 km/h
Running performance: 6:34 min/km

Rank in course/Total: 113 (of 147)

Rank in course/Women: 35 (of 57)

Best time in course: 41:37

Rank in category: 8(of 9)

Best time in the category: 46:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	32:27	7:54	9	9:45	41	12:01	4.10	32:27	7:54	9	9:45	41	12:01
Loddenke	2.20	12:46	5:48	9	3:50	37	4:36	6.30	45:13	7:10	9	13:35	39	16:37
Ilseburg/Markt	3.30	17:44	5:22	6	3:22	27	4:43	9.60	1:02:57	6:33	8	16:57	35	21:20