



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Walte, Helga

Club: Abbenrode
Number: 678

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 1:03:09

Speed: 9.12 km/h
Running performance: 6:35 min/km

Rank in course/Total: 114 (of 147)

Rank in course/Women: 36 (of 57)

Best time in course: 41:37

Rank in category: 1(of 3)

Best time in the category: 1:03:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:49	7:45	1	-	37	11:23	4.10	31:49	7:45	1	-	37	11:23
Loddenke	2.20	12:22	5:37	1	-	32	4:12	6.30	44:11	7:00	1	-	34	15:35
Ilseburg/Markt	3.30	18:58	5:44	1	-	40	5:57	9.60	1:03:09	6:34	1	-	36	21:32