



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Würdig, Susanne

Club: Brockenlaufverein
Number: 689

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:03:15

Speed: 8.54 km/h
Running performance: 6:35 min/km

Rank in course/Total: 116 (of 147)

Rank in course/Women: 38 (of 57)

Best time in course: 41:37

Rank in category: 8(of 8)

Best time in the category: 41:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:50	7:45	8	11:24	38	11:24	4.10	31:50	7:45	8	11:24	38	11:24
Loddenke	2.20	13:19	6:03	8	5:09	42	5:09	6.30	45:09	7:10	8	16:33	38	16:33
Ilseburg/Markt	3.30	18:06	5:29	7	5:05	33	5:05	9.60	1:03:15	6:35	8	21:38	38	21:38