



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Nehrig, Lena

Club: Eisenacher LV  
Number: 643

Course: 9.60 km  
9,6 km - Lauf

Category:  
weibliche Jugend U18 (16-17 Jahre)

Total time: 1:09:59

Speed: 7.72 km/h  
Running performance: 7:17 min/km

Rank in course/Total: 134 (of 147)

Rank in course/Women: 50 (of 57)

Best time in course: 41:37

Rank in category: 1(of 1)

Best time in the category: 1:09:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	35:19	8:36	1	-	50	14:53	4.10	35:19	8:36	1	-	50	14:53
Loddenke	2.20	14:58	6:48	1	-	53	6:48	6.30	50:17	7:58	1	-	52	21:41
Ilseburg/Markt	3.30	19:42	5:58	1	-	50	6:41	9.60	1:09:59	7:17	1	-	50	28:22