



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Lochau, Mirja

Club: Trail-Runners Oberharz
Number: 627

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:12:24

Speed: 7.46 km/h
Running performance: 7:32 min/km

Rank in course/Total: 141 (of 147)

Rank in course/Women: 54 (of 57)

Best time in course: 41:37

Rank in category: 9(of 10)

Best time in the category: 46:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	37:22	9:06	9	14:15	54	16:56	4.10	37:22	9:06	9	14:15	54	16:56
Loddenke	2.20	15:34	7:04	10	6:28	56	7:24	6.30	52:56	8:24	9	20:43	55	24:20
Ilseburg/Markt	3.30	19:28	5:53	7	5:03	46	6:27	9.60	1:12:24	7:32	9	25:46	54	30:47