



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Hennig, Heidemarie

Club: Die Risikogruppe Leipzig
Number: 588

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 1:18:43

Speed: 6.86 km/h
Running performance: 8:12 min/km

Rank in course/Total: 144 (of 147)

Rank in course/Women: 57 (of 57)

Best time in course: 41:37

Rank in category: 3(of 3)

Best time in the category: 1:03:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	38:36	9:24	3	6:47	57	18:10	4.10	38:36	9:24	3	6:47	57	18:10
Loddenke	2.20	16:24	7:27	3	4:02	57	8:14	6.30	55:00	8:43	3	10:49	57	26:24
Ilseburg/Markt	3.30	23:43	7:11	3	4:45	57	10:42	9.60	1:18:43	8:11	3	15:34	57	37:06