



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Meißner, Sebastian

Club: Handballverein Wernigerode  
Number: 272

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:55:46

Speed: 13.48 km/h  
Running performance: 4:25 min/km

Rank in course/Total: 6 (of 418)

Rank in course/Men: 6 (of 336)

Best time in course: 1:39:59

Rank in category: 3(of 50)

Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:17	4:19	2	0:51	7	2:17	3.30	14:17	4:19	2	0:51	7	2:17
Schlüsie	3.10	15:34	5:01	3	0:14	7	2:07	6.40	29:51	4:39	2	1:05	5	4:24
Hermannsklippe	2.60	13:45	5:17	4	0:37	11	1:57	9.00	43:36	4:50	4	1:25	7	6:21
Brocken	3.10	21:43	7:00	3	0:50	8	3:33	12.10	1:05:19	5:23	4	1:24	7	9:54
Eiserner Handwe	3.60	13:39	3:47	1	-	4	1:37	15.70	1:18:58	5:01	4	0:41	6	11:31
Schlüsie	4.10	12:54	3:08	2	0:11	5	1:22	19.80	1:31:52	4:38	3	0:12	5	12:53
Loddenke	3.10	11:19	3:39	3	0:13	6	1:21	22.90	1:43:11	4:30	3	0:25	5	14:14
Ilseburg/Markt	3.30	12:35	3:48	5	0:16	8	1:33	26.20	1:55:46	4:25	3	0:40	6	15:47