



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Falke, Gunnar

Club: Canmore
Number: 472

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:02:07

Speed: 12.87 km/h
Running performance: 4:40 min/km

Rank in course/Total: 18 (of 418)

Rank in course/Men: 18 (of 336)

Best time in course: 1:39:59

Rank in category: 2(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:30	4:23	1	-	12	2:30	3.30	14:30	4:23	1	-	12	2:30
Schlüsie	3.10	15:35	5:01	1	-	8	2:08	6.40	30:05	4:42	1	-	13	4:38
Hermannsklippe	2.60	13:54	5:20	1	-	15	2:06	9.00	43:59	4:53	1	-	13	6:44
Brocken	3.10	22:52	7:22	2	0:06	22	4:42	12.10	1:06:51	5:31	1	-	14	11:26
Eiserner Handwe	3.60	15:50	4:23	4	1:31	33	3:48	15.70	1:22:41	5:15	2	0:07	18	15:14
Schlüsie	4.10	14:47	3:36	6	1:16	30	3:15	19.80	1:37:28	4:55	2	1:23	20	18:29
Loddenke	3.10	11:49	3:48	1	-	10	1:51	22.90	1:49:17	4:46	1	-	15	20:20
Ilseburg/Markt	3.30	12:50	3:53	1	-	10	1:48	26.20	2:02:07	4:39	2	1:22	18	22:08