



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Keitel, Hagen

Club: Turbine Halle e.V.
Number: 38

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:03:58

Speed: 12.68 km/h
Running performance: 4:44 min/km

Rank in course/Total: 23 (of 418)

Rank in course/Men: 22 (of 336)

Best time in course: 1:39:59

Rank in category: 5(of 22)

Best time in the category: 1:39:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:17	6:08	16	8:17	207	8:17	3.30	20:17	6:08	16	8:17	207	8:17
Schlüsie	3.10	18:46	6:03	7	5:19	60	5:19	6.40	39:03	6:06	12	13:36	135	13:36
Hermannsklippe	2.60	13:55	5:21	5	2:07	16	2:07	9.00	52:58	5:53	8	15:43	64	15:43
Brocken	3.10	21:31	6:56	3	3:21	7	3:21	12.10	1:14:29	6:09	5	19:04	36	19:04
Eiserner Handwe	3.60	13:30	3:45	2	1:28	3	1:28	15.70	1:27:59	5:36	5	20:32	30	20:32
Schlüsie	4.10	12:51	3:08	2	1:19	4	1:19	19.80	1:40:50	5:05	5	21:51	25	21:51
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	23:08	7:00	16	12:06	253	12:06	26.20	2:03:58	4:43	5	23:59	22	23:59