



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Alonen, Matti

Club: Turbine Halle e.V.
Number: 20

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:04:24

Speed: 12.54 km/h
Running performance: 4:45 min/km

Rank in course/Total: 24 (of 418)

Rank in course/Men: 23 (of 336)

Best time in course: 1:39:59

Rank in category: 8(of 50)

Best time in the category: 1:55:06

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:17	4:37	8	1:51	24	3:17	3.30	15:17	4:37	8	1:51	24	3:17
Schlüsie	3.10	16:22	5:16	7	1:02	22	2:55	6.40	31:39	4:56	7	2:53	24	6:12
Hermannsklippe	2.60	14:04	5:24	7	0:56	19	2:16	9.00	45:43	5:04	7	3:32	21	8:28
Brocken	3.10	22:45	7:20	7	1:52	19	4:35	12.10	1:08:28	5:39	7	4:33	20	13:03
Eiserner Handwe	3.60	13:51	3:50	2	0:12	5	1:49	15.70	1:22:19	5:14	7	4:02	16	14:52
Schlüsie	4.10	13:29	3:17	5	0:46	9	1:57	19.80	1:35:48	4:50	6	4:08	13	16:49
Loddenke	3.10	12:35	4:03	6	1:29	28	2:37	22.90	1:48:23	4:43	6	5:37	12	19:26
Ilseburg/Markt	3.30	16:01	4:51	16	3:42	89	4:59	26.20	2:04:24	4:44	8	9:18	23	24:25