



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Alonen, Matti

Club: Turbine Halle e.V.
Number: 20

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:04:24

Speed: 12.54 km/h
Running performance: 4:45 min/km

Rank in course/Total: 24 (of 418)

Rank in course/Men: 23 (of 336)

Best time in course: 1:39:59

Rank in category: 8(of 50)

Best time in the category: 1:55:06

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 15:17 | 4:37 | 8 | 1:51 | 24 | 3:17 | 3.30 | 15:17 | 4:37 | 8 | 1:51 | 24 | 3:17 |
| Schlüsie | 3.10 | 16:22 | 5:16 | 7 | 1:02 | 22 | 2:55 | 6.40 | 31:39 | 4:56 | 7 | 2:53 | 24 | 6:12 |
| Hermannsklippe | 2.60 | 14:04 | 5:24 | 7 | 0:56 | 19 | 2:16 | 9.00 | 45:43 | 5:04 | 7 | 3:32 | 21 | 8:28 |
| Brocken | 3.10 | 22:45 | 7:20 | 7 | 1:52 | 19 | 4:35 | 12.10 | 1:08:28 | 5:39 | 7 | 4:33 | 20 | 13:03 |
| Eiserner Handwe | 3.60 | 13:51 | 3:50 | 2 | 0:12 | 5 | 1:49 | 15.70 | 1:22:19 | 5:14 | 7 | 4:02 | 16 | 14:52 |
| Schlüsie | 4.10 | 13:29 | 3:17 | 5 | 0:46 | 9 | 1:57 | 19.80 | 1:35:48 | 4:50 | 6 | 4:08 | 13 | 16:49 |
| Loddenke | 3.10 | 12:35 | 4:03 | 6 | 1:29 | 28 | 2:37 | 22.90 | 1:48:23 | 4:43 | 6 | 5:37 | 12 | 19:26 |
| Ilseburg/Markt | 3.30 | 16:01 | 4:51 | 16 | 3:42 | 89 | 4:59 | 26.20 | 2:04:24 | 4:44 | 8 | 9:18 | 23 | 24:25 |