



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Muschinski, Steffen

Club: Bautzen
Number: 484

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:07:10

Speed: 12.36 km/h
Running performance: 4:51 min/km

Rank in course/Total: 28 (of 418)

Rank in course/Men: 26 (of 336)

Best time in course: 1:39:59

Rank in category: 4(of 60)

Best time in the category: 2:00:45

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:57	4:49	7	1:27	34	3:57	3.30	15:57	4:49	7	1:27	34	3:57
Schlüsie	3.10	17:25	5:37	5	1:50	34	3:58	6.40	33:22	5:12	5	3:17	32	7:55
Hermannsklippe	2.60	15:13	5:51	6	1:19	34	3:25	9.00	48:35	5:23	5	4:36	31	11:20
Brocken	3.10	23:41	7:38	4	0:55	28	5:31	12.10	1:12:16	5:58	4	5:25	29	16:51
Eiserner Handwe	3.60	15:13	4:13	2	0:54	23	3:11	15.70	1:27:29	5:34	4	4:55	27	20:02
Schlüsie	4.10	14:11	3:27	2	0:40	17	2:39	19.80	1:41:40	5:08	4	5:35	28	22:41
Loddenke	3.10	12:06	3:54	2	0:17	13	2:08	22.90	1:53:46	4:58	3	4:29	20	24:49
Ilseburg/Markt	3.30	13:24	4:03	3	0:34	17	2:22	26.20	2:07:10	4:51	4	6:25	26	27:11