



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Schultz, Heiner

Club: LG TuS Lügde
Number: 370

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:11:24

Speed: 11.96 km/h
Running performance: 5:01 min/km

Rank in course/Total: 38 (of 418)

Rank in course/Men: 35 (of 336)

Best time in course: 1:39:59

Rank in category: 1(of 29)

Best time in the category: 2:11:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:31	5:00	1	-	41	4:31	3.30	16:31	5:00	1	-	41	4:31
Schlüsie	3.10	17:23	5:36	1	-	33	3:56	6.40	33:54	5:17	1	-	37	8:27
Hermannsklippe	2.60	15:08	5:49	1	-	29	3:20	9.00	49:02	5:26	1	-	33	11:47
Brocken	3.10	24:59	8:03	1	-	36	6:49	12.10	1:14:01	6:07	1	-	35	18:36
Eiserner Handwe	3.60	15:25	4:16	1	-	25	3:23	15.70	1:29:26	5:41	1	-	34	21:59
Schlüsie	4.10	14:50	3:37	2	0:28	35	3:18	19.80	1:44:16	5:15	1	-	34	25:17
Loddenke	3.10	12:32	4:02	1	-	25	2:34	22.90	1:56:48	5:06	1	-	24	27:51
Ilseburg/Markt	3.30	14:36	4:25	3	0:26	44	3:34	26.20	2:11:24	5:00	1	-	35	31:25