



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Albrecht, Finja

Club: Seelze
Number: 37

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:13:26

Speed: 11.69 km/h
Running performance: 5:05 min/km

Rank in course/Total: 40 (of 418)

Rank in course/Women: 4 (of 82)

Best time in course: 2:03:06

Rank in category: 1(of 5)

Best time in the category: 2:13:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	15:54	4:49	1	-	4	1:01	3.30	15:54	4:49	1	-	4	1:01
Schlüsie	3.10	17:09	5:31	1	-	2	0:50	6.40	33:03	5:09	1	-	3	1:51
Hermannsklippe	2.60	15:14	5:51	1	-	3	0:49	9.00	48:17	5:21	1	-	3	2:40
Brocken	3.10	23:28	7:34	1	-	2	0:38	12.10	1:11:45	5:55	1	-	2	3:18
Eiserner Handwe	3.60	16:32	4:35	1	-	7	1:29	15.70	1:28:17	5:37	1	-	3	4:47
Schlüsie	4.10	16:49	4:06	1	-	14	2:53	19.80	1:45:06	5:18	1	-	3	6:45
Loddenke	3.10	13:45	4:26	1	-	7	2:01	22.90	1:58:51	5:11	1	-	3	5:48
Ilseburg/Markt	3.30	14:35	4:25	1	-	4	1:31	26.20	2:13:26	5:05	1	-	4	10:20