



51. Brockenlauf  
Ilseburg / 03.09.2022

Detailed evaluation

Döppelheuer, Heiko

Club: Brockenlaufverein  
Number: 101

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:17:20

Speed: 11.36 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 53 (of 418)

Rank in course/Men: 46 (of 336)

Best time in course: 1:39:59

Rank in category: 2(of 54)

Best time in the category: 2:10:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:57	5:08	2	0:13	50	4:57	3.30	16:57	5:08	2	0:13	50	4:57
Schlüsie	3.10	18:14	5:52	1	-	45	4:47	6.40	35:11	5:29	2	0:43	45	9:44
Hermannsklippe	2.60	15:42	6:02	2	0:02	40	3:54	9.00	50:53	5:39	2	0:45	44	13:38
Brocken	3.10	25:00	8:03	2	1:09	38	6:50	12.10	1:15:53	6:16	2	1:54	43	20:28
Eiserner Handwe	3.60	16:51	4:40	5	1:40	64	4:49	15.70	1:32:44	5:54	2	3:34	43	25:17
Schlüsie	4.10	15:52	3:52	4	0:47	62	4:20	19.80	1:48:36	5:29	2	4:21	45	29:37
Loddenke	3.10	13:25	4:19	6	0:53	52	3:27	22.90	2:02:01	5:19	2	5:14	33	33:04
Ilseburg/Markt	3.30	15:19	4:38	10	1:57	69	4:17	26.20	2:17:20	5:14	2	7:11	46	37:21