



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Berghof, Christian

Club: LG Brandenkopf
Number: 61

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:18:06

Speed: 11.30 km/h
Running performance: 5:16 min/km

Rank in course/Total: 55 (of 418)

Rank in course/Men: 49 (of 336)

Best time in course: 1:39:59

Rank in category: 12(of 50)

Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:54	5:25	19	4:28	88	5:54	3.30	17:54	5:25	19	4:28	88	5:54
Schlüsie	3.10	18:43	6:02	16	3:23	59	5:16	6.40	36:37	5:43	15	7:51	70	11:10
Hermannsklippe	2.60	15:59	6:08	12	2:51	47	4:11	9.00	52:36	5:50	14	10:25	58	15:21
Brocken	3.10	24:14	7:49	10	3:21	32	6:04	12.10	1:16:50	6:20	12	12:55	45	21:25
Eiserner Handwe	3.60	17:25	4:50	17	3:46	85	5:23	15.70	1:34:15	6:00	12	15:58	47	26:48
Schlüsie	4.10	16:04	3:55	17	3:21	69	4:32	19.80	1:50:19	5:34	12	18:39	48	31:20
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	27:47	8:25	41	15:28	280	16:45	26.20	2:18:06	5:16	12	23:00	49	38:07