



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Lehmann, Norman

Club: Nordhausen
Number: 425

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:19:29

Speed: 11.27 km/h
Running performance: 5:19 min/km

Rank in course/Total: 61 (of 418)

Rank in course/Men: 55 (of 336)

Best time in course: 1:39:59

Rank in category: 7(of 43)

Best time in the category: 1:59:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:29	5:17	11	2:32	68	5:29	3.30	17:29	5:17	11	2:32	68	5:29
Schlüsie	3.10	20:20	6:33	15	4:33	135	6:53	6.40	37:49	5:54	13	6:39	109	12:22
Hermannsklippe	2.60	17:28	6:43	12	3:56	107	5:40	9.00	55:17	6:08	13	10:35	108	18:02
Brocken	3.10	27:21	8:49	8	5:38	73	9:11	12.10	1:22:38	6:49	9	16:13	88	27:13
Eiserner Handwe	3.60	16:02	4:27	7	1:10	40	4:00	15.70	1:38:40	6:17	9	17:23	70	31:13
Schlüsie	4.10	14:41	3:34	2	0:26	26	3:09	19.80	1:53:21	5:43	8	17:17	60	34:22
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	26:08	7:55	35	14:12	270	15:06	26.20	2:19:29	5:19	7	20:02	55	39:30