



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Michalik, Stefan**

Club: TSV Wittmar  
Number: 277

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:19:37

Speed: 11.17 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 62 (of 418)

Rank in course/Men: 56 (of 336)

Best time in course: 1:39:59

Rank in category: 2(of 29)

Best time in the category: 2:11:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:18	5:14	3	0:47	58	5:18	3.30	17:18	5:14	3	0:47	58	5:18
Schlüsie	3.10	19:06	6:09	3	1:43	75	5:39	6.40	36:24	5:41	3	2:30	61	10:57
Hermannsklippe	2.60	17:18	6:39	4	2:10	99	5:30	9.00	53:42	5:58	3	4:40	74	16:27
Brocken	3.10	29:27	9:30	8	4:28	138	11:17	12.10	1:23:09	6:52	5	9:08	95	27:44
Eiserner Handwe	3.60	15:32	4:18	2	0:07	29	3:30	15.70	1:38:41	6:17	3	9:15	71	31:14
Schlüsie	4.10	14:22	3:30	1	-	21	2:50	19.80	1:53:03	5:42	2	8:47	57	34:04
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	26:34	8:03	25	12:24	271	15:32	26.20	2:19:37	5:19	2	8:13	56	39:38