



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Schlemeier, Verena

Club: SV Teutonia Sorsum
Number: 358

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:23:24

Speed: 10.88 km/h
Running performance: 5:28 min/km

Rank in course/Total: 76 (of 418)

Rank in course/Women: 7 (of 82)

Best time in course: 2:03:06

Rank in category: 1(of 15)

Best time in the category: 2:23:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:40	5:03	1	-	6	1:47	3.30	16:40	5:03	1	-	6	1:47
Schlüsie	3.10	18:52	6:05	1	-	8	2:33	6.40	35:32	5:33	1	-	6	4:20
Hermannsklippe	2.60	16:47	6:27	1	-	8	2:22	9.00	52:19	5:48	1	-	8	6:42
Brocken	3.10	27:26	8:50	1	-	9	4:36	12.10	1:19:45	6:35	1	-	8	11:18
Eiserner Handwe	3.60	17:57	4:59	2	1:23	12	2:54	15.70	1:37:42	6:13	1	-	7	14:12
Schlüsie	4.10	17:22	4:14	3	0:52	17	3:26	19.80	1:55:04	5:48	1	-	7	16:43
Loddenke	3.10	13:42	4:25	1	-	6	1:58	22.90	2:08:46	5:37	1	-	4	15:43
Ilseburg/Markt	3.30	14:38	4:26	1	-	5	1:34	26.20	2:23:24	5:28	1	-	7	20:18