



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Bittner, Holger

Club: Brockenlaufverein
Number: 458

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:24:03

Speed: 10.91 km/h
Running performance: 5:30 min/km

Rank in course/Total: 80 (of 418)

Rank in course/Men: 73 (of 336)

Best time in course: 1:39:59

Rank in category: 6(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:28	5:35	18	1:44	131	6:28	3.30	18:28	5:35	18	1:44	131	6:28
Schlüsie	3.10	19:33	6:18	10	1:19	99	6:06	6.40	38:01	5:56	13	3:33	113	12:34
Hermannsklippe	2.60	17:14	6:37	12	1:34	95	5:26	9.00	55:15	6:08	12	5:07	107	18:00
Brocken	3.10	28:09	9:04	10	4:18	94	9:59	12.10	1:23:24	6:53	11	9:25	101	27:59
Eiserner Handwe	3.60	17:25	4:50	8	2:14	85	5:23	15.70	1:40:49	6:25	11	11:39	96	33:22
Schlüsie	4.10	15:50	3:51	3	0:45	61	4:18	19.80	1:56:39	5:53	10	12:24	88	37:40
Loddenke	3.10	13:00	4:11	3	0:28	40	3:02	22.90	2:09:39	5:39	5	12:52	55	40:42
Ilseburg/Markt	3.30	14:24	4:21	3	1:02	39	3:22	26.20	2:24:03	5:29	6	13:54	73	44:04