



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Samp, Alexander

Club: Whiskey Running Team
Number: 9

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:24:31

Speed: 10.79 km/h
Running performance: 5:31 min/km

Rank in course/Total: 82 (of 418)

Rank in course/Men: 75 (of 336)

Best time in course: 1:39:59

Rank in category: 13(of 60)

Best time in the category: 2:00:45

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 18:01 | 5:27 | 17 | 3:31 | 93 | 6:01 | 3.30 | 18:01 | 5:27 | 17 | 3:31 | 93 | 6:01 |
| Schlüsie | 3.10 | 19:35 | 6:19 | 18 | 4:00 | 103 | 6:08 | 6.40 | 37:36 | 5:52 | 18 | 7:31 | 102 | 12:09 |
| Hermannsklippe | 2.60 | 17:18 | 6:39 | 16 | 3:24 | 99 | 5:30 | 9.00 | 54:54 | 6:05 | 16 | 10:55 | 100 | 17:39 |
| Brocken | 3.10 | 27:39 | 8:55 | 16 | 4:53 | 84 | 9:29 | 12.10 | 1:22:33 | 6:49 | 15 | 15:42 | 86 | 27:08 |
| Eiserner Handwe | 3.60 | 16:48 | 4:40 | 12 | 2:29 | 63 | 4:46 | 15.70 | 1:39:21 | 6:19 | 14 | 16:47 | 81 | 31:54 |
| Schlüsie | 4.10 | 16:34 | 4:02 | 17 | 3:03 | 92 | 5:02 | 19.80 | 1:55:55 | 5:51 | 13 | 19:50 | 80 | 36:56 |
| Loddenke | 3.10 | 13:49 | 4:27 | 11 | 2:00 | 66 | 3:51 | 22.90 | 2:09:44 | 5:39 | 10 | 20:27 | 56 | 40:47 |
| Ilseburg/Markt | 3.30 | 14:47 | 4:28 | 10 | 1:57 | 47 | 3:45 | 26.20 | 2:24:31 | 5:30 | 13 | 23:46 | 75 | 44:32 |