



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Schimmer, Torsten

Club: Team Trüffel
Number: 356

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:24:32

Speed: 10.88 km/h
Running performance: 5:31 min/km

Rank in course/Total: 83 (of 418)

Rank in course/Men: 76 (of 336)

Best time in course: 1:39:59

Rank in category: 14(of 60)

Best time in the category: 2:00:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:48	4:47	5	1:18	32	3:48	3.30	15:48	4:47	5	1:18	32	3:48
Schlüsie	3.10	17:42	5:42	9	2:07	40	4:15	6.40	33:30	5:14	6	3:25	35	8:03
Hermannsklippe	2.60	16:07	6:11	11	2:13	52	4:19	9.00	49:37	5:30	8	5:38	38	12:22
Brocken	3.10	26:07	8:25	8	3:21	52	7:57	12.10	1:15:44	6:15	9	8:53	41	20:19
Eiserner Handwe	3.60	19:22	5:22	32	5:03	166	7:20	15.70	1:35:06	6:03	10	12:32	50	27:39
Schlüsie	4.10	18:00	4:23	28	4:29	156	6:28	19.80	1:53:06	5:42	11	17:01	58	34:07
Loddenke	3.10	15:06	4:52	17	3:17	118	5:08	22.90	2:08:12	5:35	9	18:55	50	39:15
Ilseburg/Markt	3.30	16:20	4:56	16	3:30	103	5:18	26.20	2:24:32	5:30	14	23:47	76	44:33