



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Krocker, Steffen

Club: LG Konradsburg 90
Number: 230

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:27:06

Speed: 10.61 km/h
Running performance: 5:37 min/km

Rank in course/Total: 100 (of 418)

Rank in course/Men: 91 (of 336)

Best time in course: 1:39:59

Rank in category: 10(of 54)

Best time in the category: 2:10:09

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 18:05 | 5:28 | 12 | 1:21 | 103 | 6:05 | 3.30 | 18:05 | 5:28 | 12 | 1:21 | 103 | 6:05 |
| Schlüsie | 3.10 | 20:34 | 6:38 | 19 | 2:20 | 148 | 7:07 | 6.40 | 38:39 | 6:02 | 17 | 4:11 | 131 | 13:12 |
| Hermannsklippe | 2.60 | 17:56 | 6:53 | 15 | 2:16 | 132 | 6:08 | 9.00 | 56:35 | 6:17 | 15 | 6:27 | 131 | 19:20 |
| Brocken | 3.10 | 27:17 | 8:48 | 7 | 3:26 | 72 | 9:07 | 12.10 | 1:23:52 | 6:55 | 13 | 9:53 | 107 | 28:27 |
| Eiserner Handwe | 3.60 | 17:37 | 4:53 | 12 | 2:26 | 94 | 5:35 | 15.70 | 1:41:29 | 6:27 | 12 | 12:19 | 99 | 34:02 |
| Schlüsie | 4.10 | 16:26 | 4:00 | 7 | 1:21 | 89 | 4:54 | 19.80 | 1:57:55 | 5:57 | 12 | 13:40 | 96 | 38:56 |
| Loddenke | 3.10 | fehlt! | - | - | - | - | - | 22.90 | - | - | - | - | - | - |
| Ilseburg/Markt | 3.30 | 29:11 | 8:50 | 49 | 15:49 | 289 | 18:09 | 26.20 | 2:27:06 | 5:36 | 10 | 16:57 | 91 | 47:07 |