



# 51. Brockenlauf

Ilseburg / 03.09.2022

## Detailed evaluation

**Krocker, Steffen**

Club: LG Konradsburg 90  
Number: 230

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:27:06

Speed: 10.69 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 100 (of 418)

Rank in course/Men: 91 (of 336)

Best time in course: 1:39:59

Rank in category: 10(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:05	5:28	12	1:21	103	6:05	3.30	18:05	5:28	12	1:21	103	6:05
Schlüsie	3.10	20:34	6:38	19	2:20	148	7:07	6.40	38:39	6:02	17	4:11	131	13:12
Hermannsklippe	2.60	17:56	6:53	15	2:16	132	6:08	9.00	56:35	6:17	15	6:27	131	19:20
Brocken	3.10	27:17	8:48	7	3:26	72	9:07	12.10	1:23:52	6:55	13	9:53	107	28:27
Eiserner Handwe	3.60	17:37	4:53	12	2:26	94	5:35	15.70	1:41:29	6:27	12	12:19	99	34:02
Schlüsie	4.10	16:26	4:00	7	1:21	89	4:54	19.80	1:57:55	5:57	12	13:40	96	38:56
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	29:11	8:50	49	15:49	289	18:09	26.20	2:27:06	5:36	10	16:57	91	47:07