



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Friebe, Torsten

Club: Team Oberhavel
Number: 78

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:30:53

Speed: 10.34 km/h
Running performance: 5:46 min/km

Rank in course/Total: 121 (of 418)

Rank in course/Men: 109 (of 336)

Best time in course: 1:39:59

Rank in category: 22(of 50)

Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:45	5:59	36	6:19	184	7:45	3.30	19:45	5:59	36	6:19	184	7:45
Schlüsie	3.10	20:11	6:30	29	4:51	127	6:44	6.40	39:56	6:14	33	11:10	151	14:29
Hermannsklippe	2.60	17:52	6:52	28	4:44	129	6:04	9.00	57:48	6:25	32	15:37	142	20:33
Brocken	3.10	28:42	9:15	25	7:49	117	10:32	12.10	1:26:30	7:08	27	22:35	129	31:05
Eiserner Handwe	3.60	17:37	4:53	19	3:58	94	5:35	15.70	1:44:07	6:37	25	25:50	122	36:40
Schlüsie	4.10	16:40	4:03	19	3:57	97	5:08	19.80	2:00:47	6:06	24	29:07	115	41:48
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	30:06	9:07	45	17:47	294	19:04	26.20	2:30:53	5:45	22	35:47	109	50:54