



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Matthai de Casih, Claudia

Club: LAC Dessau
Number: 266

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:30:54

Speed: 10.42 km/h
Running performance: 5:46 min/km

Rank in course/Total: 122 (of 418)

Rank in course/Women: 13 (of 82)

Best time in course: 2:03:06

Rank in category: 5(of 16)

Best time in the category: 2:13:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:17	6:26	9	4:33	37	6:24	3.30	21:17	6:26	9	4:33	37	6:24
Schlüsie	3.10	21:55	7:04	7	3:32	27	5:36	6.40	43:12	6:45	8	7:40	31	12:00
Hermannsklippe	2.60	18:45	7:12	5	2:39	18	4:20	9.00	1:01:57	6:53	8	10:19	30	16:20
Brocken	3.10	29:12	9:25	3	3:26	11	6:22	12.10	1:31:09	7:31	6	13:39	20	22:42
Eiserner Handwe	3.60	16:41	4:38	3	1:22	10	1:38	15.70	1:47:50	6:52	5	15:01	15	24:20
Schlüsie	4.10	15:55	3:52	3	1:50	7	1:59	19.80	2:03:45	6:15	5	16:51	15	25:24
Loddenke	3.10	fehlt!	-	-	-	-	-	22.90	-	-	-	-	-	-
Ilseburg/Markt	3.30	27:09	8:13	16	12:02	75	14:05	26.20	2:30:54	5:45	5	17:24	13	27:48