



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Szidat, Marten

Total time: 2:32:47

Club: LG SV Werder Bremen/ MStpKdo Eckernförde
Number: 407

Speed: 10.29 km/h
Running performance: 5:50 min/km

Course: 26.20 km
26,2 km - Lauf

Rank in course/Total: 137 (of 418)
Rank in course/Men: 123 (of 336)
Best time in course: 1:39:59

Category:
Senioren M40 (40-44 Jahre)

Rank in category: 26(of 50)
Best time in the category: 1:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:27	5:35	27	5:01	128	6:27	3.30	18:27	5:35	27	5:01	128	6:27
Schlüsie	3.10	18:29	5:57	13	3:09	51	5:02	6.40	36:56	5:46	17	8:10	81	11:29
Hermannsklippe	2.60	16:50	6:28	18	3:42	79	5:02	9.00	53:46	5:58	17	11:35	75	16:31
Brocken	3.10	29:40	9:34	31	8:47	143	11:30	12.10	1:23:26	6:53	20	19:31	103	28:01
Eiserner Handwe	3.60	20:00	5:33	36	6:21	194	7:58	15.70	1:43:26	6:35	24	25:09	117	35:59
Schlüsie	4.10	20:21	4:57	44	7:38	252	8:49	19.80	2:03:47	6:15	28	32:07	137	44:48
Loddenke	3.10	14:03	4:31	17	2:57	74	4:05	22.90	2:17:50	6:01	19	35:04	97	48:53
Ilseburg/Markt	3.30	14:57	4:31	10	2:38	52	3:55	26.20	2:32:47	5:49	26	37:41	123	52:48