



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Wagner, Ulli

Club: MTV Wolfenbüttel
Number: 435

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:33:57

Speed: 10.13 km/h
Running performance: 5:53 min/km

Rank in course/Total: 147 (of 418)

Rank in course/Men: 132 (of 336)

Best time in course: 1:39:59

Rank in category: 22(of 60)

Best time in the category: 2:00:45

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:26	6:11	38	5:56	216	8:26	3.30	20:26	6:11	38	5:56	216	8:26
Schlüsie	3.10	20:27	6:35	24	4:52	141	7:00	6.40	40:53	6:23	31	10:48	178	15:26
Hermannsklippe	2.60	17:45	6:49	22	3:51	118	5:57	9.00	58:38	6:30	27	14:39	157	21:23
Brocken	3.10	27:33	8:53	15	4:47	81	9:23	12.10	1:26:11	7:07	20	19:20	124	30:46
Eiserner Handwe	3.60	18:25	5:06	26	4:06	127	6:23	15.70	1:44:36	6:39	21	22:02	126	37:09
Schlüsie	4.10	17:51	4:21	26	4:20	146	6:19	19.80	2:02:27	6:11	22	26:22	126	43:28
Loddenke	3.10	15:08	4:52	18	3:19	120	5:10	22.90	2:17:35	6:00	17	28:18	95	48:38
Ilseburg/Markt	3.30	16:22	4:57	18	3:32	105	5:20	26.20	2:33:57	5:52	22	33:12	132	53:58