



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Thorn, Volker

Club: LSG Kassel
Number: 419

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:34:08

Speed: 10.20 km/h
Running performance: 5:53 min/km

Rank in course/Total: 149 (of 418)

Rank in course/Men: 135 (of 336)

Best time in course: 1:39:59

Rank in category: 16(of 43)

Best time in the category: 1:59:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:08	5:47	19	4:11	156	7:08	3.30	19:08	5:47	19	4:11	156	7:08
Schlüsie	3.10	20:15	6:31	13	4:28	129	6:48	6.40	39:23	6:09	18	8:13	142	13:56
Hermannsklippe	2.60	17:44	6:49	14	4:12	116	5:56	9.00	57:07	6:20	16	12:25	134	19:52
Brocken	3.10	28:14	9:06	13	6:31	100	10:04	12.10	1:25:21	7:03	16	18:56	120	29:56
Eiserner Handwe	3.60	19:13	5:20	21	4:21	160	7:11	15.70	1:44:34	6:39	16	23:17	125	37:07
Schlüsie	4.10	17:57	4:22	18	3:42	154	6:25	19.80	2:02:31	6:11	16	26:27	127	43:32
Loddenke	3.10	14:55	4:48	13	3:28	107	4:57	22.90	2:17:26	6:00	13	29:55	94	48:29
Ilseburg/Markt	3.30	16:42	5:03	15	4:46	113	5:40	26.20	2:34:08	5:52	16	34:41	135	54:09