



51. Brockenlauf
Ilseburg / 03.09.2022

Detailed evaluation

Matthaei, Lukas

Club: Laatzen
Number: 265

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:34:48

Speed: 10.08 km/h
Running performance: 5:55 min/km

Rank in course/Total: 153 (of 418)

Rank in course/Men: 139 (of 336)

Best time in course: 1:39:59

Rank in category: 11(of 22)

Best time in the category: 1:39:59

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:29	5:54	12	7:29	175	7:29	3.30	19:29	5:54	12	7:29	175	7:29
Schlüsie	3.10	19:31	6:17	10	6:04	95	6:04	6.40	39:00	6:05	11	13:33	133	13:33
Hermannsklippe	2.60	17:29	6:43	10	5:41	110	5:41	9.00	56:29	6:16	12	19:14	126	19:14
Brocken	3.10	30:17	9:46	14	12:07	167	12:07	12.10	1:26:46	7:10	12	31:21	133	31:21
Eiserner Handwe	3.60	20:49	5:46	15	8:47	231	8:47	15.70	1:47:35	6:51	12	40:08	149	40:08
Schlüsie	4.10	17:42	4:19	12	6:10	141	6:10	19.80	2:05:17	6:19	12	46:18	149	46:18
Loddenke	3.10	14:03	4:31	5	4:05	74	4:05	22.90	2:19:20	6:05	7	50:23	105	50:23
Ilseburg/Markt	3.30	15:28	4:41	5	4:26	76	4:26	26.20	2:34:48	5:54	11	54:49	139	54:49