



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Jackisch, Andreas

Club: Kissenbrück
Number: 185

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:35:02

Speed: 10.14 km/h
Running performance: 5:55 min/km

Rank in course/Total: 154 (of 418)

Rank in course/Men: 140 (of 336)

Best time in course: 1:39:59

Rank in category: 18(of 54)

Best time in the category: 2:10:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:11	6:25	40	4:27	252	9:11	3.30	21:11	6:25	40	4:27	252	9:11
Schlüsie	3.10	21:22	6:53	24	3:08	190	7:55	6.40	42:33	6:38	34	8:05	231	17:06
Hermannsklippe	2.60	18:44	7:12	21	3:04	166	6:56	9.00	1:01:17	6:48	27	11:09	200	24:02
Brocken	3.10	28:52	9:18	16	5:01	122	10:42	12.10	1:30:09	7:27	25	16:10	174	34:44
Eiserner Handwe	3.60	17:49	4:56	14	2:38	101	5:47	15.70	1:47:58	6:52	20	18:48	151	40:31
Schlüsie	4.10	17:10	4:11	15	2:05	117	5:38	19.80	2:05:08	6:19	20	20:53	147	46:09
Loddenke	3.10	14:17	4:36	11	1:45	84	4:19	22.90	2:19:25	6:05	15	22:38	108	50:28
Ilseburg/Markt	3.30	15:37	4:43	13	2:15	79	4:35	26.20	2:35:02	5:55	18	24:53	140	55:03