



51. Brockenlauf

Ilseburg / 03.09.2022

Detailed evaluation

Putensen, Stephan

Club: TSV Sülldorf
Number: 318

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:36:21

Speed: 9.98 km/h
Running performance: 5:58 min/km

Rank in course/Total: 165 (of 418)

Rank in course/Men: 150 (of 336)

Best time in course: 1:39:59

Rank in category: 17(of 43)

Best time in the category: 1:59:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:45	5:40	18	3:48	146	6:45	3.30	18:45	5:40	18	3:48	146	6:45
Schlüsie	3.10	20:29	6:36	16	4:42	142	7:02	6.40	39:14	6:07	17	8:04	140	13:47
Hermannsklippe	2.60	18:24	7:04	20	4:52	155	6:36	9.00	57:38	6:24	18	12:56	140	20:23
Brocken	3.10	31:12	10:03	25	9:29	189	13:02	12.10	1:28:50	7:20	18	22:25	157	33:25
Eiserner Handwe	3.60	18:15	5:04	14	3:23	119	6:13	15.70	1:47:05	6:49	18	25:48	145	39:38
Schlüsie	4.10	17:04	4:09	15	2:49	109	5:32	19.80	2:04:09	6:16	17	28:05	139	45:10
Loddenke	3.10	15:13	4:54	16	3:46	125	5:15	22.90	2:19:22	6:05	14	31:51	106	50:25
Ilseburg/Markt	3.30	16:59	5:08	18	5:03	126	5:57	26.20	2:36:21	5:58	17	36:54	150	56:22